

Autobiography in Five Short Chapters
By Portia Nelson

Chapter 1

I walk down the street.
There is a deep hole in the sidewalk.
I fall in. I am lost I am helpless.
It isn't my fault.
It takes forever to find a way out.

Chapter 2

I walk down the street.
There is a deep hole in the sidewalk.
I pretend that I don't see it. I fall in again.
I can't believe I am in this same place.
But, it isn't my fault.
It still takes a long time to get out.

Chapter 3

I walk down the same street.
There is a deep hole in the sidewalk.
I see it is there. I still fall in ... it's a habit ...
but, my eyes are open. I know where I am.
It is my fault.
I get out immediately.

Chapter 4

I walk down the same street.
There is a deep hole in the sidewalk.
I walk around it.

Chapter 5

I walk down another street.